

Kristen Benson

Associate Professor & Program Director
Department of Human Development & Family Science
Virginia Tech

Expertise or Research Focus Area:

- Marriage and Family Therapy
- Impacts of policy and legislation on marginalized communities
- Inclusive mental health practices
- LGBTQ+ communities
- Transgender and nonbinary youth well-being
- Families of transgender and nonbinary children

Partnership Interests:

- Research grants
- Community-based research
- Policy & legislative initiatives
- Mental health practitioner training
- Scholarship-supported advocacy