

# Family and Community Medicine Research Group

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**Mission:** our mixed methods research aims to create the conditions to improve the delivery of high-value primary care

## Carilion FCM at a glance:

**300** clinicians serving **48** primary care practices

### Learners at all levels

- Medical students
- PhD students
- Residents
- Undergraduate & Graduate RAs



## Examples of Research Topics

De-implementation of  
potentially harmful  
NSAIDs

Discounting behavior  
and low-value care in  
clinicians

Diaphragmatic  
breathing for  
improving blood  
pressure measurement

Perinatal outcomes  
due to maternity care  
deserts

Sludge (administrative  
barriers & frictions) in  
colon cancer screening

Lifestyle medicine  
clinic evaluation and  
outcomes

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## Partnership Interests

- Data science and statistical expertise
- Communication and health education in vulnerable populations
- Systems engineering or organizational psychology as applied to primary care practices (small businesses)
- Health economics

