

Community Advisory Groups to Expand Access to Mental Health Care

Our Team

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Our Project

We are building Community Advisory Boards to inform the mental health research of our team, including using digital technologies to expand access to youth mental health knowledge and services.

<u>Goal #1 Form Community Advisory Boards (CABs)</u>	To develop 4 CABs, consisting of (1) middle and (2) high school students, (3) caregivers, and (4) teachers from Southwest Virginia .
<u>Goal #2 Conduct Listening Sessions</u>	To conduct <u>listening sessions</u> with our CABs to learn about their ideas and preferences for accessing mental health knowledge and care online
<u>Future Directions</u>	To develop an online mental health screener and resource bank with input and guidance from our CABs

For more info, visit our website, email us, or check out our Instagram:
Child Study Center | childstudycenter@gmail.com | @VTTeenResources

Community Advisory Boards

Community Advisory Board Members must be:

- A student, caregiver, or educator within a Southwest Virginia middle or high school
- Passionate about mental health of teens
- Interested in partnering with others in the community
- Available for 2-hour, virtual focus group meetings up to 4 times per year



Complete our application at
<https://redcap.link/jbzt2ho3> or use the QR code

